

# Eligibility Guidelines for Younger Adults with Disabilities

**Q: Are younger adults with disabilities eligible to participate in Senior Farm Share at my site?**

**A: Yes, if your housing site meets certain guidelines.**

**Your housing site must meet the following guidelines for disabled adults under the age of 60 to be eligible to participate in the Senior Farm Share Program:**

The affordable housing site where they live offers congregate nutrition services\*:

- A hot, nutritionally complete meal that meets the current US Dietary Guidelines.
- Served under safe and sanitary conditions, in a variety of settings.
- Where participants are given an opportunity to interact in a social environment.
- Meals must occur onsite.
- Frequency of meals is preferably 5 days per week (a waiver may be available for less frequent meals).
- Meals on Wheels and/or snacks and tastings **DO NOT QUALIFY**.

\*If the housing site was offering these services in 2020 before the COVID Pandemic began, that will satisfy this requirement.

*Please explain the Congregate Meal arrangement, including how often meals are offered:*

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The affordable housing site where they live is 50% or more residents 60-years-old or older.

The individual is living at or below the 185% of the federal poverty level.

*In 2020, this is an income of \$1,926 per month for a single person household and \$2,607 per month for a two-person household.*

**You must check ALL boxes for younger adults with disabilities to be eligible at your site.**

**Submit this form along with your Housing Site Application.**

If you have more questions about eligibility for the NOFA-VT Senior Farm Share Program, please contact Emmet Moseley, [emmet@nofavt.org](mailto:emmet@nofavt.org) or (802) 434-7162

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