# Love food? Love farms!



# Buy fresh. Buy local. Buy direct.

#### When you buy directly from a

**farmer**, you get fresh, delicious, and healthy food at a competitive price and the farmer receives a fair value for their product. You can buy directly from a local farm through farmers markets, farm stands, and Community Supported Agriculture (CSA) shares. All of these options give you the same benefits of quality and community, and each also has its own special features.

But doesn't it cost more? Not necessarily! The Northeast Organic

Farming Association of Vermont (NOFA-VT) has conducted research studying the costs of produce at farmers markets, farm stands, and CSAs compared to grocery stores. Especially when purchasing certified organic produce, buying direct is usually less expensive or competitively priced to grocery stores. In addition, more than half of Vermont's farmers markets, and many farm stands and CSAs, accept 3SquaresVT (food stamps) benefits through EBT cards.





# Find out more: nofavt.org/buydirect or call (802) 434-4122



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For up-to-date market details & contact information visit

# www.nofavt.org/ vtfarmersmarkets

or call (802) 434-4122. All markets listed accept 3SquaresVT/SNAP benefits and participate in Crop Cash.

### I. Bellows Falls

Great River Arts Institute, 33 Bridge Street • Select Fridays (4-7pm) • Nov. 15 & Dec. 20

# 2. Bennington

Baptist Church, 601 Main St. • 1st & 3rd Saturday (10am-1pm) • Nov. 2-Apr. 18

# 3. Brattleboro

C.F. Church Building, 80 Flat Street • Every Saturday (10am–2pm) • Nov. 2– March 28

# 4. Burlington

UVM Davis Center, 590 Main Street • Select Saturdays (10am-2pm) • Nov. 9, 16 & 23; Dec. 7, 14 & 21; Jan. 11; Feb. 8; Mar. 14; Apr. 11

#### 5. Burlington UVM Medical Ctr.

Davis Concourse, UVM Medical Ctr., 111 Colchester Ave. ● Every Thursday (2:30–5pm) ● Nov. 7–Apr. 30

# 6. Dorset

JK Adams Kitchen Store, 1430 VT Route 30 • Every Sunday (10am-2pm) • Nov. 3-May 3

# 7. Hartland

Hartland Elementary School, 97 Martinsville Rd. • Select Saturdays (9am-1pm) • Dec. 14

# 8. Middlebury

VFW, 530 Exchange Street • Every Saturday (9am-12:30pm) • Nov. 2-Apr. 25

## 9. Montpelier

Location TBD • Every other Saturday (10am-2pm) • Dec. 7-Apr. 25

# 10. Morrisville

Green Mtn Support Services, 93 James Rd. • Select Saturdays (9am–1pm) • Nov. 23 & Dec. 14

# II. Northfield

Plumley Armory, 24 ID White Avenue • 1st Sunday of the month (11am-2pm) • Nov. 3-Apr. 5

### **12. Norwich**

Tracy Hall, 300 Main Street • Select Saturdays (9am-1pm) • Nov. 9 & 23; Dec. 14 & 21; Jan. 11 & 25; Feb. 8 & 22; Mar. 14 & 28; Apr. 11 & 25

### **13. Putney**

Green Mountain Orchards, 130 West Hill Road • Every Sunday (11am-2pm) • Nov. 24-Dec. 22

#### **14. Rutland**

VT Farmers Food Center, 251 West Street • Every Saturday (10am–2pm) • Nov. 2–May 2

# 15. South Hero

Congregational Church, 24 South Street • Select Saturdays (10am-2pm) • Nov. 9 & 23; Dec. 7 & 21

### I6. St. Johnsbury

St. Johnsbury Welcome Ctr, 50 Depot Square • 1st & 3rd Saturdays (10am-1pm) Nov. 2–Apr. 18