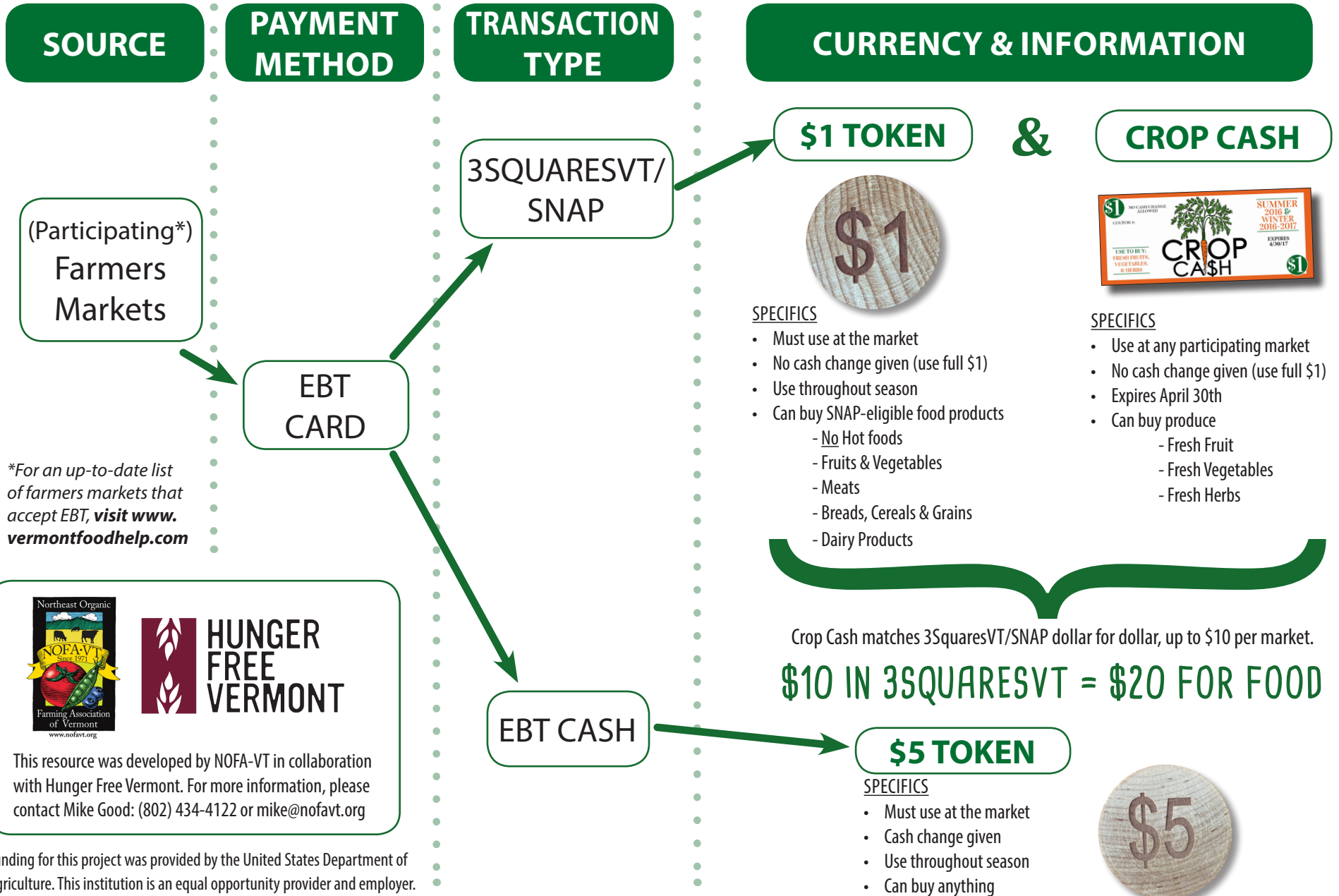


# USING EBT AT FARMERS MARKETS






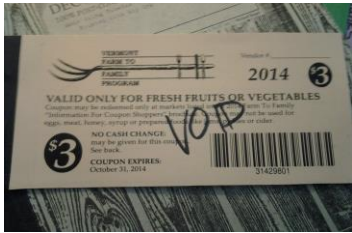
\*For an up-to-date list of farmers markets that accept EBT, visit [www.vermontfoodhelp.com](http://www.vermontfoodhelp.com)

**HUNGER FREE VERMONT**

This resource was developed by NOFA-VT in collaboration with Hunger Free Vermont. For more information, please contact Mike Good: (802) 434-4122 or [mike@nofavt.org](mailto:mike@nofavt.org)

Funding for this project was provided by the United States Department of Agriculture. This institution is an equal opportunity provider and employer.

# VERMONT FARMERS MARKET CURRENCY CHEAT SHEET

	<u>DEBIT/CREDIT/EBT CASH</u>	<u>3SQUARESVT/SNAP</u>	<u>CROP CASH</u>	<u>FARM TO FAMILY</u>
IMAGE				
DENOMINATION	<b>\$5 TOKEN</b>	<b>\$1 TOKEN</b>	<b>\$1 COUPON</b>	<b>\$3 COUPON</b>
WHAT THEY CAN BUY	<ul style="list-style-type: none"> <li>• ANYTHING</li> </ul>	<ul style="list-style-type: none"> <li>• FRUITS AND VEGETABLES</li> <li>• SEEDS AND STARTS (FRUIT OR VEGETABLE PRODUCING)</li> <li>• MEATS</li> <li>• BREAD, CEREALS AND GRAINS</li> <li>• DAIRY PRODUCTS</li> <li>• NON-ALCOHOLIC BEVERAGES</li> <li>• COLD FOOD INTENDED FOR HUMAN CONSUMPTION</li> </ul>	<ul style="list-style-type: none"> <li>• FRESH FRUITS</li> <li>• FRESH VEGETABLES</li> <li>• CULINARY HERBS</li> </ul>	<ul style="list-style-type: none"> <li>• FRESH FRUITS</li> <li>• FRESH VEGETABLES</li> <li>• CULINARY HERBS</li> </ul>
AVAILABILITY	ALWAYS	ALWAYS	ALWAYS – EXPIRE APRIL 30TH	LATE JUNE - OCTOBER 31ST
OTHER INFO	<b>DO NOT</b> ACCEPT TOKENS FROM OTHER MARKETS.	<ul style="list-style-type: none"> <li>• <b>DO NOT</b> ACCEPT TOKENS FROM OTHER MARKETS.</li> <li>• <b>CAN NOT</b> BE USED TO BUY <i>HOT</i> FOODS</li> </ul>	<ul style="list-style-type: none"> <li>• SHOULD BE AUTOMATICALLY GIVEN TO 3SQUARESVT USERS AS A \$1 FOR \$1 MATCH WHEN THEY USE THEIR 3SQUARESVT/SNAP BENEFITS, UP TO \$10 PER DAY</li> <li>• CAN BE USED AT ANY PARTICIPATING MARKET</li> </ul>	INDIVIDUAL VENDORS MUST BE ENROLLED IN THIS PROGRAM TO TAKE COUPONS. SEE MARKET MANAGER ABOUT GETTING ENROLLED.
CASH CHANGE	YES	No	No	No