

NOFA VERMONT WINTER CONFERENCE 2016

WORKSHOPS AT-A-GLANCE • SATURDAY 2/13

SATURDAY: SESSION I, 10:45AM-12:00PM

Agricultural Field Renovation

Presenters: Daniel Hudson, UVM Extension; Ben Machin, Tamarack Tunis Farm

An Introduction to Indigenous Wabanaki Agricultural Systems of Northern New England

Presenter: Fred Wiseman, Seeds of Renewal Project

Be an Empowered Consumer

Presenter: Meredith Knowles, City Market/Onion River Co-op

Cover Cropping for Soil Health

Presenters: Spencer Blackwell, Elmer Farm; Andy Jones, Intervale Community Farm; David Marchant, Riverberry Farm

Dairy Fermentation Demonstration

Presenter: David Asher, The Black Sheep School of Cheesemaking

Developing Your Farm Brand: How to Identify Your Unique Attributes

Presenter: Pam Knights, Pam Knights Communications

Food, Flavor & Physiology

Presenter: Baylen Slote, Taoist Clinical Medicine

Getting to an Anti-Inflammatory Diet

Presenter: Marie Frohlich, Taproot Consulting, LLC

Livestock Breeding & Genetics: Principles & Applications

Presenter: Joe Emenheiser, University of Vermont

MIND YOUR BUSINESS! Financial Literacy and Effective Business Management for Farmers

Presenter: Richard Wiswall, Cate Farm

Organic Fertilizers Demystified

Presenter: Paul Sachs, North Country Organics

Stand Up & Speak Out: Practical Skills for Effective Citizen Action

Presenter: Andrea Stander, Rural Vermont

The Beauty and Bounty of Ecological Landscapes

Presenter: Sanne Kure-Jensen, NOFA-RI

The Economic & Educational Value of Farm to School

Presenters: Betsy Rosenbluth, VT FEED – Shelburne Farms; Ali Zipparo, Vermont Agency of Agriculture, Food, & Markets

The Farm as Primary Health Provider

Presenters: Doug and Barbara Flack, Flack Family Farms

SATURDAY: SESSION II, 2:15PM-3:30PM

Chasing Wild Mushrooms: Foraging and Preparing Edible and Medicinal Mushrooms (Part I)

Presenter: Greg Marley, Mushrooms for Health

Composting and Thermal Energy System at the UNH Organic Research Dairy Farm

Presenters: Brian Jerosé, Agrilab Technologies; Matt Smith, University of New Hampshire

Giving Back: Tools & Techniques for Feeding the Land

Presenter: Fearn Lickfield, The Green Mountain School of Druidry

How to Engage Shareholders in your CSA

Presenters: Jennifer Blackwell, Elmer Farm; Elizabeth Henderson, Peacework Organic Farm

Integrating Vermont Harvest of the Month into Your Communities, Schools, & Businesses

Presenters: Becca Mitchell & Shane Rogers, Green Mountain Farm to School; Brooke Gannon, Milton Town School District; Robin Burnett, Vermont Works for Women

Intro to Radical Cheesemaking

Presenter: David Asher, The Black Sheep School of Cheesemaking

Keep the Soil in Organic

Presenter: Dave Chapman, Long Wind Farm

Land Improvement Practices for Enterprise Establishment

Presenters: Joshua Faulkner & Ben Waterman, UVM Extension Center for Sustainable Agriculture

Making the Most of your High Tunnels

Presenter: Vern Grubinger, UVM Extension

Origins of the "Early Riser" and Seed Stories

Presenter: Jack Lazor, Butterworks Farm

Producing Value-Added Farm Products

Presenters: Danielle Allen, Root 5 Farm; Nate Lewis, Moonlight Farm; Rachel Schattman, Bella Farm

Starting Your Own Farm Business from Scratch

Presenter: Richard Wiswall, Cate Farm

The Art & Science of Good Pasture Management

Presenter: Sarah Flack, Sarah Flack Consulting

Year-Round Indoor Salad Gardening

Presenters: Peter and Deb Burke, The Daily Gardener

SATURDAY: SESSION III, 3:45PM-5:00PM

Backyard Composting- Simple, Free and Magic!

Presenter: Sanne Kure-Jensen, NOFA-RI

Chasing Wild Mushrooms: Foraging and Preparing Edible and Medicinal Mushrooms (Part II)

Presenter: Greg Marley, Mushrooms for Health

Climate Change & Farmer Health

Presenters: Jared Ulmer, Vermont Dept. of Health

Couples & Partners: Working Together for a Sustainable Operation

Presenters: Jennifer Blackwell, Elmer Farm; Tim King & Markey Read, Honey Dew Homestead

Customer Behavior at Farmers Markets: Tips for Increasing Sales & Satisfaction

Presenter: Maria Rojas, GrowNYC

Farm Camp and Field Trips!

Presenter: Brie Casadei, Terra Firma Farm

#Farmstagram: How to Use Social Photo & Video Tools to Promote Your Business

Presenters: Taylor Hutchison, Footprint Farm; Bailey Hale & Thomas McCurdy Ardelia Farm & Co.; Alexandra Tursi, University of Vermont Medical Center

Five Steps to a Food Justice Farm

Presenter: Elizabeth Henderson, Peacework Organic Farm

Herbal Medicine Making

Presenter: Betsy Bancroft, Vermont Center for Integrative Herbalism

Making Crisper Pickles

Presenter: Andrea Chesman

Optimizing Your Forage-based Ruminant Livestock Production System

Presenters: Joe Emenheiser & Daniel Hudson, UVM Extension

Perennial Vegetables and Beyond: Growing Food, Growing Soil & Sequestering Carbon

Presenters: Aaron Guman, Walking Onion; Nicko Rubin, East Hill Tree Farm

Pest & Disease Sharing & Roundtable

Presenters: Ann Hazelrigg, UVM Extension; Becky Sideman, UNH Extension; Eric Sideman, MOFGA

The Federal Produce Safety Rule: What it Means for Vermont

Presenters: Roger Noonan, New England Farmers Union; Kristina Sweet, Shelley Mehlenbacher, & Abbey Willard, Vermont Agency of Agriculture, Food, & Markets

The Locavore Turns 10: Farmer Perspectives on the Locavore Movement

Presenters: John Hayden, The Farm Between; Victor Izzo, University of Vermont; Rachel Schattman, Bella Farm; Seth Wolcott, Pumpkin Village Foods at Green Wind Farm; Calley Hastings, Fat Toad Farm

MORE INFORMATION: NOFAVT.ORG/CONFERENCE

NOFA VERMONT WINTER CONFERENCE 2016

WORKSHOPS AT-A-GLANCE • SUNDAY 2/14

SUNDAY SESSION I, 9:30AM-10:45AM

Common Pests & Diseases for Homesteaders and Gardeners

Presenter: Ann Hazelrigg, UVM; Eric Sideman, MOFGA

Community-based Gardens: Getting Started

Presenters: Sheryl Rapée-Adams, The Garden at 485 Elm; Libby Weiland, Vermont Community Garden Network

Crafting Meaningful Farm Visits

Presenters: Misse Axelrod, The Barn Yard; Maria Reade, Someday Farm; Vera Simon-Nobes, Shelburne Farms

Developing Sustainable Pest Management Tactics for the Invasive Leek Moth

Presenters: Victor Izzo, University of Vermont; Scott Lewins, Saint Michael's College

Emerging Crops: Sweet Potatoes & Ginger

Presenters: Eugenie Doyle, Last Resort Farm; Becky Sideman, UNH Extension

Farm Transfer Issues and Discussion

Presenters: Ross and Amanda Thurber, Lilac Ridge Farm

Honey Bee Overwintering and Spring Management

Presenter: Ross Conrad, Dancing Bee Gardens

Permaculture in School Gardens Discussion

Presenter: Deirdre Holmes, Charlotte Central School

Plowing Ahead: Building a Rural Enterprise with Zoning and Land Use Regulations in Mind

Presenter: Stephanie Smith, Vermont Agency of Agriculture Food and Markets; Corie Pierce, Bread and Butter Farm

Plump Pigs: Strategies for Pasturing Hogs and Milling Your Own Feed

Presenter: Heather Sanford, The Piggery

Raw Milk: A Two-part Workshop on Best Practices for Profitable and Safe Production of Raw Milk (Part I)

Presenter: Tim Wightman, Farm-to-Consumer Foundation

Rendering & Cooking with Animal Fats

Presenter: Andrea Chesman

Shop Organic, Keep Your Budget

Presenter: Meredith Knowles, City Market/Onion River Co-op

Tips for Designing Drip Systems

Presenter: Trevor Hardy, Brookdale Farm

SUNDAY SESSION II, 2:15PM-3:30PM

An Accidental Seed Saver

Presenters: Tim King & Markey Read, Honey Dew Homestead

Food as Medicine: An Herbalist's Approach to Food

Presenter: Betzy Bancroft, Vermont Center for Integrative Herbalism

Growing Hops for Home and Market

Presenters: Laura Ten Eyck & Dietrich Gehring, Indian Ladder Farmstead Brewery & Cidery

No-Till for Intensive Vegetable Growing

Presenter: Bryan O'Hara, Tobacco Road Farm

Nutrient Management Planning for Vegetable Farms

Presenters: Vern Grubinger & Becky Maden, UVM Extension

Pastured Poultry Production: A Two-part Workshop on Systems Innovations & Best Practices for Maximizing Profits (Part I)

Presenters: Pete Lowy & Jennifer Hashley, Pete and Jen's Backyard Birds

Raw Milk: A Two-part Workshop on Best Practices for Profitable and Safe Production of Raw Milk (Part II)

Presenter: Tim Wightman, Farm-to-Consumer Foundation

Scaling Up: Composting at Schools and Community Gardens

Presenter: Cat Buxton, Grow More, Waste Less - Food Systems Consulting

Sustainable Marketing for Sustainable Farms

Presenter: Greg Georgaklis, Farmers to You; Kim Foltz, Harlow Farm; Rose Wilson, Rosalie J Wilson Business Development Services

The Ecology of Care: Shifting from a Sterile to a Fertile Paradigm in Medicine & Agriculture

Presenter: Didi Pershouse, Soil Carbon Coalition

The Thriving Pantry: A Two-part Workshop on Fermented Foods (Part I)

Presenter: Joshua Pfeil, A Drop of Joy, LLC

This Little Piggy Went to Market: From On-farm Butchering to Building a USDA Processing Facility

Presenter: Heather Sanford, The Piggery

Uncommon Fruits for Backyard and Market

Presenter: Lee Reich, Springtown Farmden

Whatever Happened to Organic?

Presenters: Grace Gershuny, GAIA Services; Joey Klein, Littlewood Farm; Jack Lazor, Butterworks Farm

SUNDAY SESSION III, 3:45PM-5:00PM

Community Accreditation for Produce Safety-CAPS: Get Proactive Not Reactive

Presenters: Hans Estrin & Vern Grubinger, UVM Extension

Energy Efficient Cold Storage

Presenter: Ethan Bellavance, Efficiency Vermont

Expanding Your Brand with Co-operative Marketing

Presenter: Nick Managan, Cabot Creamery

Figs in Cold Climates

Presenter: Lee Reich, Springtown Farmden

Labor Laws that Every Farmer-Employer Should Know

Presenter: Dirk Anderson, Vermont Department of Labor

Making Change for Profit: The Diversified Farm Stand

Presenter: Scott Woolsey, Killdeer Farm

Pastured Poultry Production: A Two-part Workshop on Systems Innovations & Best Practices for Maximizing Profits (Part II)

Presenters: Pete Lowy & Jennifer Hashley, Pete and Jen's Backyard Birds

Preserving Your Herb Garden: Salts, Vinegars, and More

Presenters: Abbey Duke & Tessa Kennison, Sugarsnap

Spinning as a Business: How to Turn Wasting Fiber into Additional Income

Presenter: Carol Johnson Collins, Singing Spindle Spinnery

The Power of Herbalism in Community Gardens

Presenters: Erica Feinberg & Sandra Lory, Good Food, Good Medicine

The Science of Soil Health: Know the Soil, Know the Land

Presenter: Kip Potter, USDA Natural Resources Conservation Service

The Thriving Pantry: A Two-part Workshop on Fermented Foods (Part II)

Presenter: Joshua Pfeil, A Drop of Joy, LLC

Transforming Community Food Environments to Make Fresh Local Food Accessible to All

Presenters: Andrea Solazzo & Michelle Wallace, Vermont Foodbank

Winter Production and Low Tunnels

Presenter: Bryan O'Hara, Tobacco Road Farm