



Northeast Organic Farming Association of Vermont

An organization of farmers, gardeners, and consumers working to promote an economically viable and ecologically sound Vermont food system

PRESS RELEASE

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FOR IMMEDIATE RELEASE 11/7/08

Local and Organic Food Available throughout the Vermont Winter

Richmond – Local food is becoming more available throughout the winter months in Vermont. Data released today by NOFA Vermont shows the number of farms offering local food this winter directly to customers increased by 54% over last winter. There are now 20 farms throughout the state offering CSA (community supported agriculture) winter shares.

While farm fields will be covered with snow, increasing numbers of farmers have found creative strategies to stretch the bounty of the fall harvest over the winter months and allow consumers to eat more local food year-round. Winter CSAs are offering a variety of stored root vegetables, meats, cheeses, breads, eggs, and even fresh greens from season-extending hoop houses and greenhouses.

“While many stores don’t offer local produce through the winter months, winter CSAs are a great way to both support farmers, and have a source for high quality, delicious local food all winter long,” said Jean Hamilton, Food Security and Marketing Coordinator for NOFA Vermont.

The number of winter CSAs has grown steadily over the past three years: Vermont offered only 6 winter CSAs in 2006-07, while the 2007-08 season offered 13 winter CSAs.

For an online directory of winter CSA farms, visit www.nofavt.org.

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NOFA Vermont, working for local farms, healthy food, and strong communities



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