



38 Eastwood Drive, Suite 100
South Burlington, VT 05403

P: (802) 865-0255
F: (802) 865-0266
HungerFreeVT.org

May 2024

Dear Senior Farm Share Coordinator,

We need your help!

As you know, lower income older adults in Vermont often struggle to afford nourishing food on their limited budgets, while often balancing high medical costs. Nearly half of the people participating in 3SquaresVT are older adults, but we know *many* more folks are eligible and could benefit from the support. Some do not realize they may be eligible, while others do not know how to apply.

Senior Farm Share participants are likely eligible for 3SquaresVT and could receive a significant monthly benefit to help them buy food each month at over 600 retailers and 40 farmers markets in Vermont. Please help us reach out to them. You can make copies of the attached flyer about 3SquaresVT to share with participants of Senior Farm Share. The best place to direct them for application assistance is the Helpline at 1-800-642-5119 where they will be connected to their local Area Agency on Aging to receive personalized assistance.

Thank you so much for your help in this effort to help older Vermonters thrive. If you have questions about 3SquaresVT or would like additional materials, please contact Ivy at ienoch@hungerfreevt.org.

Best,

Ivy Enoch
Hunger Free Vermont

Johanna Doren
NOFA-VT